

Make a handmade frame for a special photo.

Write a letter to a friend in a different country.

Create a picnic morning tea for the family.

Bake something delicious for the family.

Take your parents breakfast in bed.

Ask your grandparents about their childhood.

Play a game with a sibling and be happy if they win.

Make something crafty to give away to a friend.

Wash and fold some laundry without being asked.

Make everyone have a family board game night.

Give a big hug to a brother or sister.

Set up an obstacle course with chalk for a sibling.

Say 'Thank you' when people do things for you, all day.

Help with whatever job mum and dad are doing.

Don't complain once, all day long.

Box up books you don't read for goodwill.

Make your bed AND someone else's.

Tell someone you love them.

Write a poem for someone.

Email someone who you know might be a little lonely.